

**Abstract**

**Title:** [Systematic Review: Health Promotion and Disease Prevention Among Hmong Adults in the USA.](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.ncbi.nlm.nih.gov_pubmed_28795343&d=DwMEaQ&c=clK7kQUTWtAVEOVIgvi0NU5BOUHhpN0H8p7CSfnc_gI&r=iFavz6KbtuaSFObSvuCXnLmt5VbY86Jha1tKLeBFedI&m=oJAlEL_c1F1mnEHdUP1p_lZw2kwl3naFG0u8Jozn-ew&s=XGYmYEh4hSGXCSxvZZAQngkOyJEBjYgJgxBk_Z2vkw4&e=)

**Author:** [Lor M](https://www-ncbi-nlm-nih-gov.ucsf.idm.oclc.org/pubmed/?term=Lor%20M%5BAuthor%5D&cauthor=true&cauthor_uid=28795343)1.

**Author Information:**

1. School of Nursing, Columbia University, Mailbox 6, 630 W 168th Street, New York City, New York, 10032, USA. ml4104@columbia.edu.

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**Abstract:** Although disparities in the burden of disease and illness experiencedacross major racial and ethnic groups in the USA is well known, little is known about subgroups, including the Hmong population. Thisreview sought to determine the current state of health disparitiesrelated to health promotion and disease prevention among Hmong adults from 1975 to 2015. Seventy-one descriptive (qualitative, mixed methods, and quantitative) studies were reviewed. Most focused ontwo areas: (1) health status (mainly breast and cervical cancers) and(2) health-related behaviors. This literature review confirms theexistence of health disparities related to health promotion anddisease prevention in the Hmong adult population. Effectiveintervention relies on identifying these disparities. A possibleexplanation for these disparities is the lack of health data collectedon subgroup populations, which include the Hmong adult population.More research and more comprehensive health policies at theorganizational level are needed to allow data to be collected onsubgroup populations in order to better understand the socialdeterminants that place the Hmong people at risk.